The YMCA of Metro North recognized that their small kitchen (mainly used for storage) and the adjoining space offered few engaging and inspiring learning opportunities. By combining the two spaces, they added capacity and created a new activity area for children, parents and staff.

The kitchen is suitably designed for school-age children. Work spaces for food preparation and menu planning are the appropriate height and size. The Café, which can be supervised from the kitchen, provides additional space to serve food and support the YMCA’s healthy eating curriculum.

With grants from the Children’s Investment Fund and other philanthropic sources, the YMCA transformed the kitchen and added a classroom where children learn healthy eating and cooking habits as well as basic science and math skills.

For more information about the Kid’s Kitchen & Café, visit the YMCA of Metro North website: www.ymcametronorth.org